

Foundational Skills Workshops

Do you work with youth in Saint Paul?
These FREE trainings are available to you.

To register go to www.commed.spps.org click "register on-line" then search "Sprockets"
Registration also accepted by telephone at **651-487-7383**

At Sprockets, we're committed to helping youth workers feel inspired, motivated and encouraged, because we know that youth workers are the front line in helping young people develop important skills that are critical to their future success. We look at quality youth programs as the intersection of quality program features, engaged youth, and youth worker expertise. Our professional development opportunities are designed to support these three elements.



Sprockets believes that when these three elements are actively practiced in out of school time, young people will be able to improve academic achievement and acquire the skills necessary for life-long success.

Image used from: Walker, J., Gran, C., and D. Moore. (2009). University of Minnesota Extension Youth Development. <http://www1.extension.umn.edu/youth/docs/once-we-know-it-whitepaper.pdf>

Theme/Date/Time	Training/Location
Quality Program Features October 22nd 9:00 - noon	TPT Learning Media - Facilitator: Rebeka Ndosu and Kathleen O'Donnell from Twin Cities Public Television PBS LearningMedia is your destination for easy, instant access to tens of thousands of digital resources including videos and websites perfect for your learning opportunities. Learn how to use PBS's Learning Media as a resource to link in-school and OST learning to the Common Core Standards. Participants will also have the opportunity to learn about an on-going coaching opportunity from TPT. <i>Wellstone Center 179 Robie Street East St. Paul, MN 55107</i>
Youth Worker Expertise November 6th 9:00 am - 11:30	Common Core Standards - Facilitator: SPPS Center for Curriculum, Instruction & Professional Development By 2014, almost every state in the country, including Minnesota, will have the same rigorous standards for what students need to know before they graduate high school. Learn more about the Common Core Standards and discuss how the standards will impact the OST field and how your programs can support them. <i>SPPS Center for Curriculum, Instruction & Professional Development 345 Plato Boulevard East, Saint Paul, MN 55107</i>
Youth Worker Expertise Two Sessions Available December 12th 8:30 - 11:30am December 13th 6:00 pm - 9:00pm	Behavior Management - Facilitator: David Wilmes from Saint Paul Youth Services This workshop will focus on how staff can implement culturally relevant behavior management strategies in their youth programs. These workshops are being co-sponsored by the Saint Paul Public Schools Foundation, and will be offered twice. <i>The session on December 12th will take place at Macalester College Davis Court--Markim Hall Grand Ave and Snelling Ave Saint Paul, MN 55105 and the workshop on December 13th will be held at the Baker Recreation Center, 209 West Page St. Saint Paul, MN 55107</i>
Quality Program Features January 23rd 9:00 am - Noon	Creating Effective Learning Environments for Youth Workers - Facilitator: University of MN Extension, Youth Work Institute Geared towards youth program managers, this workshop will focus on how to develop a reflective and engaging learning environment with your staff. Learn how to create the context to share important concepts of quality youth programming, and to develop the practice skills of your staff. <i>Liberty Plaza 290 Arundel St. Saint Paul, MN 55118</i>
Youth Worker Expertise February 19th 6:00 pm - 8:30 pm	Initial and Sustained Contact with Young People: How to Start and Never Finish - Facilitator: City of Saint Paul Parks and Recreation The focus of this workshop is on making the initial contact with a young person in ways that promote the continued development of a meaningful relationship, and provides space for the evolution of the relationship as each continues to learn and teach about the other. <i>Dayton's Bluff Recreation Center 800 Conway St. Saint Paul, MN 55106</i>
Engaged Youth March 7th, 21st 6:30 pm to 8:30 pm	Engaging Hard to Reach Youth - Facilitator: David Wilmes from Saint Paul Youth Services Why do 20% of the kids seem to cause 80% of the challenges? How can staff deal with youth who are defiant, withdrawn, uncooperative? How can you draw youth into relationship instead of kicking them out of your programs? If you ask these questions too, this is the class for you! <i>Saint Paul Youth Services 2100 Wilson Avenue Saint Paul, MN 55119</i>
Engaged Youth April 25th 9:00 am - Noon	Effective Interaction and Engagement - Facilitator: University of MN Extension, Youth Work Institute Facilitators will share concrete practice based skills and strategies to improve youth interactions and engagement in your programs. This workshop uses data generated from the Sprockets Network's YPQA use. <i>Eastside YMCA 875 Arcade St. St. Paul, MN 55106</i>
Youth Worker Expertise TBD	Creating Inclusive Youth Groups - Facilitator: Sprockets Network Partners Learn tips and techniques to create and facilitate youth groups that are diverse in culture, age, and ability. <i>Location TBD</i>

